

Greater Victoria Advanced Aquatic and First Aid Courses: January - June 2018

This guide has been created in collaboration with your local pool to help Greater Victoria youth and adults find appropriate aquatic and first aid courses. Please note that every effort has been made to ensure accuracy. We apologize for any errors or changes.

To register for a course please contact the centre of choice:

Victoria	250-361-0732	http://www.victoria.ca/EN/main/residents/recreation.html
Esquimalt	250-412-8500	www.esquimalt.ca/recreation
Gordon Head Recreation	250-475-7100	http://saanich.ca/resident/recreation/recmain.html
Juan de Fuca/West Shore Recreation	250-478-8384	www.westshorerecreation.ca
Naden Pool	250-363-1009	http://www.pspesquimalt.ca/
Panorama Recreation	250-656-7271	www.panoramarecreation.ca
Recreation Oak Bay	250-595-SWIM (7946)	www.oakbay.ca/parks-recreation
Saanich Commonwealth Place	250-475-7600	http://saanich.ca/resident/recreation/recmain.html
SEAPARC Leisure Complex	250-642-8000	www.SEAPARC.ca
UVIC	250-721-8484 /250-472-4000	www.vikesrec.uvic.ca
YMCA-YWCA Vancouver Island	250-386-7511	https://vancouverislandy.com

Junior Lifeguard Club

Date	Day	Time	Location	Cost
January 2 - January 5	Tuesday - Friday	9:30am - 3:30pm	Saanich Commonwealth Place	\$137
January 12 - March 9	Friday	6:30pm - 8:30pm	Gordon Head Recreation	\$101
January 12 - March 9	Friday	5:00pm - 7:00pm	Saanich Commonwealth Place	\$101
January 14 - March 11	Sunday	6:30pm - 8:30pm	Gordon Head Recreation	\$101
March 19 - March 23	Monday - Friday	9:00am - 5:00pm	Recreation Oak Bay	\$239
March 19 - March 23	Monday - Friday	9:00am - 1:00pm	Crystal Pool and Fitness Centre	\$135
March 19 - March 23	Monday - Friday	9:30am - 3:30pm	Saanich Commonwealth Place	\$170
March 26 - March 29	Monday - Thursday	9:00am - 5:00pm	Recreation Oak Bay	\$191
March 26 - March 29	Monday - Thursday	9:00am - 1:00pm	Crystal Pool and Fitness Centre	\$104
March 26 - March 29	Monday - Thursday	12:00pm - 3:30pm	Gordon Head Recreation	\$89
April 6 - June 15	Friday	6:30pm - 8:30pm	Gordon Head Recreation	\$125
April 8 - June 17	Sunday	6:30pm - 8:30pm	Gordon Head Recreation	\$125
April 13 - June 15	Friday	6:30pm - 8:30pm	Saanich Commonwealth Place	\$125

Bronze Star

Date	Day	Time	Location	Cost
January 13 - February 3	Saturday	11:00am - 2:00pm	SEAPARC	\$105
January 13 - April 28	Saturday	4:00pm - 5:00 pm	West Shore Parks & Recreation	\$130
February 17 - February 25	Saturday/Sunday	12:00pm - 2:30pm	Saanich Commonwealth Place	\$95
February 17 - March 10	Saturday	12:00pm - 2:30pm	Gordon Head Recreation	\$95
April 7 - April 28	Saturday	11:00am - 2:00pm	SEAPARC	\$105

Bronze Medallion				
Date	Day	Time	Location	Cost
January 16 - February 1	Tuesday/Thursday	6:00pm - 9:15pm	Recreation Oak Bay	\$162
February 17 - March 10	Saturday	12:00pm - 5:00pm	SEAPARC	\$155
March 19-22	Monday - Thursday	1:00pm - 6:00pm	Crystal Pool and Fitness Centre	\$140
April 7 - April 21	Saturday	9:00am - 3:30pm	Recreation Oak Bay	\$162
April 7 - May 5	Saturday	1:30pm - 6:00pm	West Shore Parks & Recreation	\$148
April 28 - May 6	Saturday/Sunday	12:00pm - 5:00pm	Saanich Commonwealth Place	\$145
Bronze Cross				
Date	Day	Time	Location	Cost
February 13 - March 1	Tuesday/Thursday	6:00pm - 9:15pm	Recreation Oak Bay	\$162
March 26 - 29	Monday - Thursday	1:00pm - 6:00pm	Crystal Pool and Fitness Centre	\$140
April 14 - May 4	Saturday	12:00pm - 5:00pm	SEAPARC	\$155
April 28 - May 12	Saturday	9:00am - 3:30pm	Recreation Oak Bay	\$162
May 12 - June 5	Saturday	1:30pm-6:00pm	West Shore Parks & Recreation	\$148
June 2 - June 10	Saturday/Sunday	12:00pm - 5:00pm	Saanich Commonwealth Place	\$145
Lifesaving Camp: Bronze Medallion & Bronze Cross				
Date	Day	Time	Location	Cost
January 2 - January 5	Monday - Friday	8:45am - 5:00pm	Recreation Oak Bay	\$306
January 2 - January 5	Tuesday - Saturday	9:30am - 5:00pm	Gordon Head Recreation	\$270
March 19 - March 23	Monday - Friday	8:45am - 5:00pm	Recreation Oak Bay	\$306
March 19 - March 23	Monday - Friday	9:30am - 5:00pm	Gordon Head Recreation	\$270
March 25 - March 29	Sunday - Thursday	9:30am - 5:00pm	Saanich Commonwealth Place	\$270
May 15 - June 14	Tuesday/Thursday	5:30pm - 9:30pm	Recreation Oak Bay	\$306
April 7 - April 22	Saturday/Sunday	10:30am - 5:00pm	Gordon Head Recreation	\$270
National Lifeguard (Full Course): Pool Option				
Date	Day	Time	Location	Cost
January 20 - February 4	Saturday/Sunday	9:00am - 5:00pm	Recreation Oak Bay	\$347
March 3 - March 18	Saturday/Sunday	9:00am - 5:00pm	Recreation Oak Bay	\$347
March 19 - March 24	Monday - Saturday	9:30am - 5:30pm	Saanich Commonwealth Place	\$340
March 26 - March 30	Monday - Friday	8:30am - 6:00pm	Recreation Oak Bay	\$347
April 28 - May 13	Saturday/Sunday	9:00am - 5:00pm	Recreation Oak Bay	\$347
April 28 - May 13	Saturday/Sunday	9:00am - 5:00pm	Gordon Head Recreation	\$340

National Lifeguard: Pool Option Recertification				
Date	Day	Time	Location	Cost
January 5 - January 6	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
January 28	Sunday	12:00pm - 8:30pm	Gordon Head Recreation	\$98
February 16 - February 17	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
February 24	Saturday	9:00am - 5:30pm	Saanich Commonwealth Place	\$98
March 10 - 11	Saturday/Sunday	11:30am - 3:30pm	Crystal Pool and Fitness Centre	\$90
March 11	Sunday	12:00pm - 8:30pm	Gordon Head Recreation	\$98
March 16 - March 17	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
April 20 - April 21	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
May 25 - May 26	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
June 3	Sunday	12:00pm - 8:30pm	Gordon Head Recreation	\$98
June 23	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$103
National Lifeguard (Full Course): Waterpark Option				
Date	Day	Time	Location	Cost
March 26 - 29	Monday - Thursday	10:00am - 4:30pm	Saanich Commonwealth Place	\$215
National Lifeguard: Waterpark Option Recertification				
Date	Day	Time	Location	Cost
January 14	Sunday	10:00am - 6:30pm	Saanich Commonwealth Place	\$98
April 2	Saturday	9:00am - 5:30pm	Saanich Commonwealth Place	\$98
Water Safety Instructor (WSI) - Step 1: Skills and Stroke screening, Online modules, Practicum				
Date	Day	Time	Location	Cost
January 20	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$230
January 7 - January 14	Sunday	10:30am - 2:30pm	Gordon Head Recreation	\$215
February 6/February 8	Tuesday/Thursday	5:00pm - 9:00pm	Saanich Commonwealth Place	\$215
February 18	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$230
March 3	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$230
April 22	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$230
May 26	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$230
June 11/June 13	Monday/Wednesday	5:30pm - 9:30pm	Recreation Oak Bay	\$230

Water Safety Instructor (WSI) - Step 2: Classroom				
Date	Day	Time	Location	Cost
February 17 - February 25	Saturday/Sunday	8:45am - 5:15pm	Recreation Oak Bay	\$175
March 19 - March 23	Monday - Friday	11:00am - 5:00pm	Gordon Head Recreation	\$200
March 26 - March 29	Monday - Thursday	9:00am - 5:30pm	Recreation Oak Bay	\$175
May 26 - June 3	Saturday/Sunday	8:45am - 5:15pm	Recreation Oak Bay	\$175
May 26 - June 16	Saturday	9:00am - 5:00pm	Saanich Commonwealth Place	\$200
WSI Recertification				
Date	Day	Time	Location	Cost
January 21	Sunday	10:00am - 3:30pm	Saanich Commonwealth Place	\$95
January 28	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$99
February 25	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$99
February 25	Sunday	9:00am - 2:30pm	Gordon head Recreation	\$95
March 8	Thursday	5:00pm - 10:00pm	Crystal Pool and Fitness Centre	\$90
March 25	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$99
April 29	Sunday	10:00am - 3:30pm	Saanich Commonwealth Place	\$95
April 29	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$99
May 27	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$99
June 24	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$99
Standard First Aid (SFA)				
Date	Day	Time	Location	Cost
January 13 - January 14	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$125
January 13 - January 14	Saturday/Sunday	9:00am - 5:00pm	West Shore Parks & Recreation	\$140
February 10 - February 11	Saturday/Sunday	9:00am - 5:00pm	West Shore Parks & Recreation	\$140
February 17 - February 18	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$125
March 3 - March 4	Saturday/Sunday	10:00am - 6:30pm	Saanich Commonwealth Place	\$122
March 10 - March 11	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$125
March 10 - March 11	Saturday/Sunday	9:00am - 5:00pm	West Shore Parks & Recreation	\$140
April 14 - April 15	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$125
April 14 - April 15	Saturday/Sunday	9:00am - 5:00pm	West Shore Parks & Recreation	
April 14 - April 15	Saturday/Sunday	10:00am - 6:30pm	Saanich Commonwealth Place	\$122
May 12 - May 13	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$125
June 2 - June 3	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$125

Standard First Aid (SFA) - Online				
Date	Day	Time	Location	Cost
January 27	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$125
March 24	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$125
June 23	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$125
Standard First Aid (SFA) - Recertification				
Date	Day	Time	Location	Cost
January 20	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$64
January 20	Saturday	9:00am - 5:30pm	Saanich Commonwealth Place	\$60
January 27	Saturday	9:00am - 5:00pm	West Shore Parks & Recreation	\$90
February 24	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$64
March 17	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$64
March 31	Saturday	9:00am - 5:00pm	West Shore Parks & Recreation	\$90
April 14	Saturday	9:00am - 5:30pm	Saanich Commonwealth Place	\$60
April 21	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$64
May 26	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$64
June 16	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$64
Emergency First Aid (EFA)				
Date	Day	Time	Location	Cost
January 13	Saturday	9:00am - 5:00pm	West Shore Parks & Recreation	\$99
January 21	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$89
February 10	Saturday	9:00am - 5:00pm	West Shore Parks & Recreation	\$99
February 25	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$89
March 10	Saturday	9:00am - 5:00pm	West Shore Parks & Recreation	\$99
March 18	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$89
April 14	Saturday	9:00am - 5:00pm	West Shore Parks & Recreation	\$99
April 22	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$89
May 27	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$89
June 17	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$89

CPR-C with AED				
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Date	Day	Time	Location	Cost
January 21	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$57
February 25	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$57
March 10	Saturday	9:00am - 4:00pm	Saanich Commonwealth Place	\$55
March 18	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$57
April 22	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$57
May 5	Saturday	9:00am - 4:00pm	Saanich Commonwealth Place	\$55
May 27	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$57
June 17	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$57

CPR-C with AED - Recertification				
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Date	Day	Time	Location	Cost
January 20	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$46
January 20	Saturday	9:00am - 1:00pm	Saanich Commonwealth Place	\$36
February 24	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$46
March 17	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$46
April 7	Saturday	9:00am - 1:00pm	Saanich Commonwealth Place	\$36
April 21	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$46
May 26	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$46
June 3	Sunday	10:00am - 2:00pm	Saanich Commonwealth Place	\$36
June 16	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$46