

# Greater Victoria Advanced Aquatic and First Aid Courses: January - June 2017

This guide has been created in collaboration with your local pool to help Greater Victoria youth and adults find appropriate aquatic and first aid courses. Please note that every effort has been made to ensure accuracy. We apologize for any errors or changes.

**To register for a course please contact the centre of choice:**

Crystal Pool & Fitness	250-361-0732	<a href="https://onlineca.activecommunities.com/cityofvictoria/Start/Start.asp">https://onlineca.activecommunities.com/cityofvictoria/Start/Start.asp</a>
Esquimalt	250-412-8500	<a href="http://www.esquimalt.ca/recreation">www.esquimalt.ca/recreation</a>
Gordon Head Recreation	250-475-7100	<a href="http://saanich.ca/resident/recreation/recmain.html">http://saanich.ca/resident/recreation/recmain.html</a>
Juan de Fuca/West Shore Recreation	250-478-8384	<a href="http://www.westshorerecreation.ca">www.westshorerecreation.ca</a>
Naden Pool	250-363-1009	<a href="http://www.pspesquimalt.ca/">http://www.pspesquimalt.ca/</a>
Panorama Recreation	250-656-7271	<a href="http://www.panoramarecreation.ca">www.panoramarecreation.ca</a>
Recreation Oak Bay	250-595-SWIM (7946)	<a href="http://recreation.oakbaybc.org/">http://recreation.oakbaybc.org/</a>
Saanich Commonwealth Place	250-475-7600	<a href="http://saanich.ca/resident/recreation/recmain.html">http://saanich.ca/resident/recreation/recmain.html</a>
SEAPARC Leisure Complex	250-642-8000	<a href="http://www.SEAPARC.ca">www.SEAPARC.ca</a>
UVIC	250-721-8484 /250-472-4000	<a href="http://www.vikesrec.uvic.ca">www.vikesrec.uvic.ca</a>
YMCA YWCA of Greater Victoria	250-386-7511	<a href="http://www.victoriay.com/">http://www.victoriay.com/</a>

## Junior Lifeguard Club

Date	Day	Time	Location	Cost
January 6 - March 17	Friday	6:30pm - 8:00pm	Panorama Recreation	\$99
January 13 - March 10	Friday	6:30pm - 8:00pm	Gordon Head Recreation Centre	\$98
January 13 - March 3	Friday	5:00pm - 7:00pm	Saanich Commonwealth Place	\$87
January 15 - March 12	Sunday	6:30pm - 8:00pm	Gordon Head Recreation Centre	\$98
March 20 - March 24	Monday - Friday	9:00am - 4:00pm	Gordon Head Recreation Centre	\$167
March 20 - March 24	Monday - Friday	12:30pm - 3:30pm	Saanich Commonwealth Place	\$82
March 20 - March 24	Monday - Friday	9:00am - 5:00pm	Recreation Oak Bay	\$235
March 27 - March 31	Monday - Friday	12:30pm - 3:30pm	Saanich Commonwealth Place	\$82
March 27 - March 31	Monday - Friday	9:00am - 5:00pm	Recreation Oak Bay	\$235
April 7- June 23	Friday	6:30pm - 8:00pm	Panorama Recreation	\$108
April 21 - June 16	Friday	6:30pm - 8:30pm	Gordon Head Recreation Centre	\$98
April 21 - June 16	Friday	5:00pm - 7:00pm	Saanich Commonwealth Place	\$87
April 23 - June 18	Sunday	6:30pm - 8:30pm	Gordon Head Recreation Centre	\$98

## Bronze Star

Date	Day	Time	Location	Cost
January 7 - April 29	Saturday	4:00pm - 5:00pm	West Shore Parks & Recreation	\$130
February 5 - February 26	Sunday	12:00pm - 2:30pm	Gordon Head Recreation Centre	\$95
May 28 - June 18	Sunday	12:00pm - 2:30pm	Saanich Commonwealth Place	\$95

## Bronze Medallion

Date	Day	Time	Location	Cost
January 14 - February 4	Saturday	9:00am - 2:00pm	Esquimalt Recreation	\$140
January 17 - February 2	Tuesday/Thursday	6:00pm - 9:15pm	Recreation Oak Bay	\$162
January 22 - February 12	Sunday	9:30am - 2:30pm	Panorama Recreation	\$149
March 20	Monday/Tuesday/Wednesday	9:00am - 5:00pm	Panorama Recreation	\$149
April 8 - April 22	Saturday	9:00am - 3:30pm	Recreation Oak Bay	\$162
April 8 - May 13	Saturday	1:30pm - 6:00pm	West Shore Parks & Recreation	\$148
April 23 - May 14	Sunday	9:30am - 2:30pm	Panorama Recreation	\$149
June 3 - June 11	Saturday/Sunday	9:00am - 2:00pm	Esquimalt Recreation	\$140

## Bronze Cross

Date	Day	Time	Location	Cost
February 14 - March 2	Tuesday/Thursday	6:00pm - 9:15pm	Recreation Oak Bay	\$162
February 18 - March 11	Saturday	9:00am - 2:00pm	Esquimalt Recreation	\$140
March 22 - March 24	Wednesday/Thursday/Friday	9:00am - 5:00pm	Panorama Recreation	\$149
April 23 - May 14	Sunday	9:30am - 2:30pm	Panorama Recreation	\$149
April 29 - May 13	Saturday	9:00am - 3:30pm	Recreation Oak Bay	\$162
May 28 - June 18	Sunday	9:30am - 2:30pm	Panorama Recreation	\$149
June 17 - June 25	Saturday/Sunday	9:00am - 2:00pm	Esquimalt Recreation	\$140

## Lifesaving Camp: Bronze Medallion & Bronze Cross

Date	Day	Time	Location	Cost
February 18 - March 5	Saturday/Sunday	12:00pm - 6:30pm	Saanich Commonwealth Place	\$265
March 20 - March 24	Monday - Friday	9:00am - 5:00pm	Panorama Recreation	\$270
March 20 - March 24	Monday - Friday	8:45am - 5:00pm	Recreation Oak Bay	\$306
March 20 - March 24	Monday - Friday	9:30am - 5:00pm	Gordon Head Recreation Centre	\$265
March 27 - March 31	Monday - Friday	8:45am - 5:00pm	Recreation Oak Bay	\$306
March 27 - March 31	Monday - Friday	9:30am - 5:00pm	Saanich Commonwealth Place	\$265
April 1 - April 29	Saturday	10:00am - 5:30pm	Gordon Head Recreation Centre	\$265
April 29 - May 14	Saturday/Sunday	12:00pm - 6:30pm	Saanich Commonwealth Place	\$265

## Lifesaving Instructor - Full Course

Date	Day	Time	Location	Cost
February 18 - February 25	Saturday/Sunday	9:00am - 5:30pm	Panorama Recreation	\$240

## Lifesaving Instructor - Recertification

Date	Day	Time	Location	Cost
May 31	Wednesday	6:00pm - 10:00pm	Recreation Oak Bay	\$105

## National Lifeguard (Full Course): Pool Option

Date	Day	Time	Location	Cost
January 21 - February 5	Saturday/Sunday	9:00am - 5:00pm	Recreation Oak Bay	\$347
March 4 - March 19	Saturday/Sunday	9:00am - 5:00pm	Recreation Oak Bay	\$347
March 18 - March 26	Sat, Sun, Mon & Fri, Sat, Sun	10:30am - 6:30pm	West Shore Parks & Recreation	\$340
March 20 - March 25	Monday - Saturday	9:00am - 5:00pm	Saanich Commonwealth Place	\$335
April 21 - April 30	Friday, Saturday & Sunday	Fri: 5:00-9:00pm - Sat/Sun: 9:00am-6:00pm	Esquimalt Recreation	\$320
April 22 - May 7	Saturday/Sunday	9:00am - 5:00pm	Recreation Oak Bay	\$347
May 6 - May 21	Saturday/Sunday	9:00am - 5:00pm	Gordon Head Recreation Centre	\$335
May 14 - June 18	Sunday	10:30am - 6:30pm	Panorama Recreation	\$320
June 3 - June 18	Saturday/Sunday	9:00am - 5:00pm	Recreation Oak Bay	\$347

## National Lifeguard (Full Course): Waterpark Option

Date	Day	Time	Location	Cost
March 28 - 31	Tuesday - Friday	10:00am - 4:30pm	Saanich Commonwealth Place	\$205

## National Lifeguard: Waterpark Option Recertification

Date	Day	Time	Location	Cost

## National Lifeguard: Pool Option Recertification

Date	Day	Time	Location	Cost
January 6 - January 7	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
January 29	Sunday	12:00pm - 8:30 pm	Gordon Head Recreation Centre	\$94
February 17 - February 18	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
March 17 - March 18	Friday/Saturday	4:30pm - 8:30 pm	Gordon Head Recreation Centre	\$94
March 24 - March 25	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
April 15	Saturday	10:00am - 6:30pm	Esquimalt Recearion	\$95
April 21 - April 22	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
April 23	Sunday	9:00am - 5:30pm	Saanich Commonwealth Place	\$94
May 26 - May 27	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
June 3	Saturday	12:00pm - 8:30pm	Gordon Head Recreation Centre	\$94
June 20	Tuesday	10:00am - 6:30pm	Esquimalt Recearion	\$95
June 26 - June 28	Monday/Wednesday	6:00pm - 10:00pm	Recreation Oak Bay	\$103

## Water Safety Instructor (WSI) - Step 1: Skills and Stroke screening, Online modules, Practicum

Date	Day	Time	Location	Cost
Janaury 21	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$225
January 29	Sunday	9:00am - 5:00pm	Panorama Recreation	\$230
January 29 & March 12	Sunday	12:00pm - 5:00pm	Esquimalt Recreation	\$220
February 7 - February 9	Tuesday/Thursday	5:30pm - 9:30pm	Recreation Oak Bay	\$225
February 19	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$225
February 21 & February 23	Tuesday/Thursday	5:30pm - 9:30pm	Saanich Commonwealth Place	\$215
March 18	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$225
April 8 - April 15	Saturday	10:30am - 2:30pm	Gordon Head Recreation Centre	\$215
April 23	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$225
May 8 - May 10	Monday/Wednesday	5:30pm - 9:30pm	Recreation Oak Bay	\$225
May 27	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$225
June 27 - June 29	Tuesday/Thursday	5:30pm - 9:30pm	Recreation Oak Bay	\$225

## Water Safety Instructor (WSI) - Step 2: Classroom

Date	Day	Time	Location	Cost
January 13 - January 27	Friday/Saturday	Friday: 6:00pm - 9:00pm; Saturday: 9:00am - 5:30pm	Recreation Oak Bay	\$170
February 28 - March 16	Tuesday/Thursday	5:30pm - 9:30pm	Recreation Oak Bay	\$170
March 20 - March 22	Monday - Wednesday	10:00am - 6:00pm	Esquimalt Recreation	\$165
March 27 - March 30	Monday - Thursday	9:00am - 4:00pm	Recreation Oak Bay	\$170
March 27 - March 31	Monday - Friday	9:00am - 3:00 pm	Gordon Head Recreation Centre	\$200
April 8 - April 29	Saturday	9:00am - 5:00pm	Panorama Recreation	\$155
May 26 - June 4	Friday/Saturday/Sunday	Friday: 6:00pm - 9:00pm; Saturday/Sunday: 9:00am - 5:30pm	Recreation Oak Bay	\$170
May 27 - June 17	Saturday	9:00am - 5:00pm	Saanich Commonwealth Place	\$200

## WSI Recertification

Date	Day	Time	Location	Cost
January	Sunday	9:00am - 2:30pm	Saanich Commonwealth Place	\$95
January 28	Saturday	5:00pm - 10:00pm	Panorama Recreation	\$90
January 29	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$98
February 26	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$98
February 26	Sunday	9:00am - 2:30pm	Gordon Head Recreation Centre	\$95
March 26	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$98
April 8	Saturday	5:00pm - 10:00pm	Panorama Recreation	\$90
April 16	Sunday	12:00pm - 5:00pm	Esquimalt Recreation	\$102
April 30	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$98
April 30	Sunday	9:00am - 2:30pm	Saanich Commonwealth Place	\$95
May 21	Sunday	9:00am - 2:30pm	Gordon Head Recreation Centre	\$95
May 28	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$98
June 22	Thursday	12:00pm - 5:00pm	Esquimalt Recreation	\$102
June 25	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$98

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## Standard First Aid (SFA)

Date	Day	Time	Location	Cost
January 7 - January 8	Saturday/Sunday	9:00am - 5:00pm	West Shore Parks & Recreation	\$135
January 14 - January 15	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$122
January 14 - January 15	Saturday/Sunday	9:00am - 5:30pm	Panorama Recreation Centre	\$122
January 21 - January 22	Saturday/Sunday	9:00am - 5:30pm	Gordon Head Recreation Centre	\$122
February 4 - February 5	Saturday/Sunday	9:00am - 5:00pm	West Shore Parks & Recreation	\$135
February 18 - February 19	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$122
March 4 - March 5	Saturday/Sunday	9:00am - 5:30pm	Saanich Commonwealth Place	\$122
March 11 - March 12	Saturday/Sunday	9:00am - 5:30pm	Panorama Recreation Centre	\$122
March 11 - March 12	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$122
April 1 - April 2	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$122
April 8 - April 9	Saturday/Sunday	9:00am - 5:00pm	West Shore Parks & Recreation	\$135
May 6 - May 7	Saturday/Sunday	9:00am - 5:30pm	Panorama Recreation Centre	\$122
May 20 - May 21	Saturday/Sunday	9:00am - 5:30pm	Gordon Head Recreation Centre	\$122
May 27 - May 28	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$122
June 17 - June 18	Saturday/Sunday	9:00am - 5:30pm	Saanich Commonwealth Place	\$122
June 24 - June 25	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$122

## Standard First Aid (SFA) - Online

Date	Day	Time	Location	Cost
February 4	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$122
February 23	Saturday	9:00am - 5:30pm	Panorama Recreation Centre	\$122
March 25	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$122
April 8	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$122
April 23	Saturday	9:00am - 5:30pm	Panorama Recreation Centre	\$122
May 6	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$122
June 3	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$122

## Standard First Aid (SFA) - Recertification

Date	Day	Time	Location	Cost
January 7	Saturday	9:00am - 5:30pm	Panorama Recreation Centre	\$60
January 21	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$62
January 21	Saturday	9:00am - 5:00pm	West Shore Parks & Recreation	\$60
February 25	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$62
March 4	Saturday	9:00am - 5:30pm	Panorama Recreation Centre	\$60
March 11	Saturday	9:00am - 5:30pm	Gordon Head Recreation Centre	\$55
March 18	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$62
March 18	Saturday	9:00am - 5:00pm	West Shore Parks & Recreation	\$60
April 22	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$62
May 7	Sunday	9:00am - 5:30pm	Saanich Commonwealth Place	\$55
May 13	Saturday	9:00am - 5:30pm	Panorama Recreation Centre	\$60
May 13	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$62
June 17	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$62

## Emergency First Aid (EFA)

Date	Day	Time	Location	Cost
January 7	Saturday	9:00am - 5:00pm	West Shore Parks & Recreation	\$99
January 22	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$87
February 4	Saturday	9:00am - 5:00pm	West Shore Parks & Recreation	\$99
February 26	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$87
March 19	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$87
April 8	Saturday	9:00am - 5:00pm	West Shore Parks & Recreation	\$99
April 23	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$87
May 14	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$87
June 18	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$87

## CPR-C with AED

Date	Day	Time	Location	Cost
January 14	Saturday	9:00am- 5:30pm	Panorama Recreation Centre	\$52
January 22	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$55
February 4	Saturday	9:00am - 4:00pm	Gordon Head Recreation Centre	\$52
February 26	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$55
March 4	Saturday	9:00am - 4:00pm	Saanich Commonwealth Place	\$52
March 11	Saturday	9:00am- 5:30pm	Panorama Recreation Centre	\$52
March 19	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$55
April 23	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$55
May 6	Saturday	9:00am- 5:30pm	Panorama Recreation Centre	\$52
May 14	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$55
June 18	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$55

## CPR-C with AED - Recertification

Date	Day	Time	Location	Cost
January 7	Saturday	9:00am - 1:00pm	Panorama Recreation Centre	\$36
January 21	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$45
February 4	Saturday	9:00am - 1:00pm	Saanich Commonwealth Place	\$36
February 25	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$45
March 4	Saturday	9:00am - 1:00pm	Panorama Recreation Centre	\$36
March 11	Saturday	9:00am - 1:00pm	Gordon Head Recreation Centre	\$36
March 18	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$45
April 2	Sunday	12:30pm - 4:30pm	Saanich Commonwealth Place	\$36
April 22	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$45
May 13	Saturday	9:00am - 1:00pm	Panorama Recreation Centre	\$36
May 13	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$45
May 27	Saturday	9:00am - 1:00pm	Gordon Head Recreation Centre	\$36
June 17	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$45