

Greater Victoria Advanced Aquatic and First Aid Courses: July - December 2017

This guide has been created in collaboration with your local pool to help Greater Victoria youth and adults find appropriate aquatic and first aid courses. Please note that every effort has been made to ensure accuracy. We apologize for any errors or changes.

To register for a course please contact the centre of choice:

Crystal Pool & Fitness	250-361-0732	http://www.victoria.ca/EN/main/residents/recreation.html
Esquimalt	250-412-8500	www.esquimalt.ca/recreation
Gordon Head Recreation	250-475-7100	http://saanich.ca/resident/recreation/recmain.html
Juan de Fuca/West Shore Recreation	250-478-8384	www.westshorerecreation.ca
Naden Pool	250-363-1009	http://www.pspesquimalt.ca/
Panorama Recreation	250-656-7271	www.panoramarecreation.ca
Recreation Oak Bay	250-595-SWIM (7946)	http://recreation.oakbaybc.org/
Saanich Commonwealth Place	250-475-7600	http://saanich.ca/resident/recreation/recmain.html
SEAPARC Leisure Complex	250-642-8000	www.SEAPARC.ca
UVIC	250-721-8484 /250-472-4000	www.vikesrec.uvic.ca
YMCA YWCA of Greater Victoria	250-386-7511	http://www.victoriay.com/

Junior Lifeguard Club

Date	Day	Time	Location	Cost
July 3 - July 7	Monday - Friday	9:00am - 4:00pm	Recreation Oak Bay	\$230
July 10 - July 14	Monday - Friday	9:00am - 4:00pm	Recreation Oak Bay	\$230
July 17 - July 21	Monday - Friday	9:00am - 4:00pm	Recreation Oak Bay	\$230
July 24 - July 28	Monday - Friday	9:00am - 4:00pm	Recreation Oak Bay	\$230
July 31 - August 4	Monday - Friday	9:00am - 4:00pm	Recreation Oak Bay	\$230
August 14 - August 18	Monday - Friday	9:00am - 4:00pm	Recreation Oak Bay	\$230
August 21 - August 25	Monday - Friday	9:00am - 4:00pm	Recreation Oak Bay	\$230
August 28 - September 1	Monday - Friday	9:00am - 4:00pm	Recreation Oak Bay	\$230
September 8 - October 27	Friday	6:30pm - 8:30pm	Gordon Head Recreation	\$87
September 10 - October 29	Sundays	6:30pm - 8:30pm	Gordon Head Recreation	\$78
September 22 - October 27	Friday	5:00pm - 7:00pm	Saanich Commonwealth Place	\$67
October 13 - December 16	Fridays	6:30pm - 8:30pm	Crystal Pool & Fitness Centre	\$150
November 3 - December 15	Friday	5:00pm - 7:00pm	Saanich Commonwealth Place	\$78
November 3 - December 15	Fridays	6:30pm - 8:30pm	Gordon Head Recreation	\$78
November 5 - December 17	Sundays	6:30pm - 8:30pm	Gordon Head Recreation	\$78

Bronze Star

Date	Day	Time	Location	Cost
July 4 - July 7	Tuesday - Friday	1:00pm - 5:00pm	Crystal Pool & Fitness Centre	\$98
October 15 - November 5	Sunday	12:30pm - 3:00pm	Saanich Commonwealth Place	\$95
November 18 - December 9	Saturday	12:00pm - 3:30pm	Gordon Head Recreation	\$95

Bronze Medallion

Date	Day	Time	Location	Cost
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July 3 - July 7	Monday - Friday	9:00am - 1:00pm	Recreation Oak Bay	\$162
July 10 - July 14	Monday - Friday	1:00pm - 5:00pm	Crystal Pool & Fitness Centre	\$140
July 31 - August 4	Monday - Friday	9:00am - 1:00pm	Recreation Oak Bay	\$162
September 9 - October 14	Saturday	1:30pm - 6:00pm	WestShore Parks & Recreation	\$148
September 16 - September 20	Saturday	9:00am - 3:30pm	Recreation Oak Bay	\$162
October 13-21	Friday/Saturday	5:00-9:00pm/9:00am-5:30pm	Esquimalt Recreation	\$140

Bronze Cross

Date	Day	Time	Location	Cost
July 10 - July 14	Monday - Friday	9:00am - 1:00pm	Recreation Oak Bay	\$162
August 8 - August 11	Tuesday - Friday	12:30pm - 5:30pm	Crystal Pool & Fitness Centre	\$140
August 8 - August 11	Tuesday - Friday	9:00am - 2:00pm	Recreation Oak Bay	\$162
October 21 - November 4	Saturday	9:00am - 3:30pm	Recreation Oak Bay	\$162
October 21 - November 25	Saturday	1:30pm - 6:00pm	WestShore Parks & Recreation	\$148
October 27-November 4	Friday/Saturday	5:00-9:00pm/9:00am-5:30pm	Esquimalt Recreation	\$140

Lifesaving Camp: Bronze Medallion & Bronze Cross

Date	Day	Time	Location	Cost
July 24 - July 28	Monday - Friday	8:45am - 5:00pm	Recreation Oak Bay	\$306
August 21 - August 25	Monday - Friday	8:45am - 5:00pm	Recreation Oak Bay	\$306
August 28 - September 1	Monday - Friday	8:45am - 5:00pm	Recreation Oak Bay	\$306
September 23 - October 28	Sunday	9:30am - 5:00pm	Saanich Commonwealth Place	\$265
October 22 - November 19	Sunday	9:30am - 5:00pm	Gordon Head Recreation	\$265
November 20 - December 20	Monday/Wednesday	5:30pm - 9:30pm	Recreation Oak Bay	\$306
January 2 - January 6	Tuesday - Saturday	8:45am - 5:00pm	Recreation Oak Bay	\$306

Lifesaving Instructor - Full Course

Date	Day	Time	Location	Cost

Lifesaving Instructor - Recertification

Date	Day	Time	Location	Cost

National Lifeguard (Full Course): Pool Option

Date	Day	Time	Location	Cost
July 17 - July 21	Monday - Friday	8:30am - 6:00pm	Recreation Oak Bay	\$347
August 14 - August 24	Monday - Thursday	10:00am - 4:00pm	Crystal Pool & Fitness Centre	\$305
August 14 - August 18	Monday - Friday	8:30am - 6:00pm	Recreation Oak Bay	\$347
August 28 - September 1	Monday - Friday	8:30am - 6:00pm	Recreation Oak Bay	\$347
August 28 - September 2	Monday - Saturday	9:30am - 5:30pm	Saanich Commonwealth Place	\$335
September 16 - October 1	Saturday/Sunday	9:00am - 5:00pm	Recreation Oak Bay	\$347

October 11 - November 4	Wednesday/Saturday	5:00pm - 9:00pm/9:00am - 5:00pm	Gordon Head Recreation	\$335
November 3 - December 2	Friday/Saturday	6:00-9:30pm/12:00-8:00pm	WestShore Parks & Recreation	\$340
November 4 - November 25	Saturday/Sunday	10:00am - 6:30pm	Saanich Commonwealth Place	\$335
November 25 - December 10	Saturday/Sunday	9:00am - 5:00pm	Recreation Oak Bay	\$347
November 17-December 9	Friday/Saturday	5:00-9:00pm/9:00am-5:30pm	Esquimalt Recreation	\$320
December 26 - December 30	Tuesday - Saturday	8:30am - 6:00pm	Recreation Oak Bay	\$347

National Lifeguard (Full Course): Waterpark Option

Date	Day	Time	Location	Cost
November 30 - December 3	Thursday - Sunday	Thursday/Friday: 5:00pm - 9:00pm Saturday/Sunday: 10:00am- 6:30pm	Saanich Commonwealth Place	\$205

National Lifeguard: Waterpark Option Recertification

Date	Day	Time	Location	Cost
October 14	Saturday	9:00am - 5:30pm	Saanich Commonwealth Place	\$94

National Lifeguard: Pool Option Recertification

Date	Day	Time	Location	Cost
July 17	Saturday	11:00am - 8:00pm	Crystal Pool & Fitness Centre	\$90
July 17 - July 19	Monday/Wednesday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
August 8 - August 10	Tuesday/Thursday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
August 27	Sunday	8:00am - 4:30pm	Saanich Commonwealth Place	\$94
August 28 - August 30	Monday/Wednesday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
September 8 - September 9	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
October 11 - November 4	Saturday	12:00pm - 8:30pm	Gordon Head Recreation	\$94
October 20 - October 21	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
October 21	Saturday	9:00am - 5:30pm	Saanich Commonwealth Place	\$94
November 17 - November 18	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
December 15 - December 16	Friday/Saturday	6:00pm - 10:00pm	Recreation Oak Bay	\$103
December 16	Saturday	10:00am-7:00pm	Esquimalt Recreation	\$95

Water Safety Instructor (WSI) - Step 1: Skills and Stroke screening, Online modules, Practicum

Date	Day	Time	Location	Cost
July 3 - July 5	Monday/Wednesday	5:30pm - 9:30pm	Recreation Oak Bay	\$225
July 4	Tuesday	1:00pm - 5:00pm	Crystal Pool & Fitness Centre	\$225
July 17 - July 19	Monday/Wednesday	5:30pm - 9:30pm	Recreation Oak Bay	\$225
August 14 - August 16	Monday/Wednesday	5:30pm - 9:30pm	Recreation Oak Bay	\$225

September 10 - September 17	Sunday	11:00am - 3:00pm	Gordon Head Recreation	\$215
September 16	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$230
September 16	Saturday	11:00-4:00pm	Esquimalt Recreation	\$225
October 3 - October 5	Tuesday/Thursday	5:30pm - 9:30pm	Saanich Commonwealth Place	\$215
November 5	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$230
December 10 - December 17	Sunday	11:00am - 3:00pm	Gordon Head Recreation	\$215

Water Safety Instructor (WSI) - Step 2: Classroom

Date	Day	Time	Location	Cost
July 17 - July 28	Monday - Friday	9:00am - 3:30pm	Crystal Pool & Fitness Centre	\$205
July 31 - August 3	Monday - Thursday	9:00am - 3:15pm	Recreation Oak Bay	\$170
August 21 - August 24	Monday - Thursday	9:00am - 3:15pm	Recreation Oak Bay	\$170
October 13 - October 28	Friday/Saturday	Friday: 5:30pm - 8:30pm Saturday: 8:45am - 2:15pm	Recreation Oak Bay	\$175
October 14 - November 4	Saturday	9:00am - 5:00pm	Saanich Commonwealth Place	\$200
November 19-December 10	Sunday	9:00am-4:00pm	Esquimalt Recreation	\$165
December 1 - December 10	Saturday/Sunday	8:45am - 4:00pm	Recreation Oak Bay	\$175
December 26 - December 30	Tuesday - Saturday	9:00am - 4:00pm	Recreation Oak Bay	\$175
November 18 - December 9	Saturday	9:30am - 5:30pm	Gordon Head Recreation	\$200

WSI Recertification

Date	Day	Time	Location	Cost
June 24	Saturday	1:00pm - 6:00pm	Crystal Pool & Fitness Centre	\$90
July 30	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$98
August 26	Saturday	12:00-5:00pm	Esquimalt Recreation	\$102
August 27	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$98
September 24	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$99
October 22	Sunday	11:00am - 4:30pm	Saanich Commonwealth Place	\$95
October 29	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$99
November 26	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$99
November 26	Sunday	9:00am - 2:30pm	Gordon Head Recreation	\$95
December 17	Sunday	12:00pm - 5:00pm	Recreation Oak Bay	\$99
December 17	Sunday	10:00am-3:30pm	Esquimalt Recreaion	\$102

Standard First Aid (SFA)

Date	Day	Time	Location	Cost
July 15 - July 16	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay - Windsor Pavilion	\$122
August 12 - August 13	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay - Windsor Pavilion	\$122

August 12 - August 13	Saturday/Sunday	9:00am - 5:00pm	WestShore Parks & Recreation	\$140
September 9 - September 10	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay - Windsor Pavilion	\$125
September 16 - September 17	Saturday/Sunday	9:00am - 5:00pm	WestShore Parks & Recreation	\$140
September 16 - September 23	Saturday	9:00am - 5:30pm	Gordon Head Recreation	\$122
October 14 - October 15	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay - Windsor Pavilion	\$125
October 14 - October 15	Saturday/Sunday	9:00am - 5:00pm	WestShore Parks & Recreation	\$140
October 21 - October 22	Saturday/Sunday	10:00am - 6:30pm	Saanich Commonwealth Place	\$122
November 5 - November 12	Sunday	10:00am - 6:30pm	Saanich Commonwealth Place	\$122
November 18 - November 19	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay - Windsor Pavilion	\$125
December 9 - December 10	Saturday/Sunday	9:00am - 5:00pm	WestShore Parks & Recreation	\$140
December 16 - December 17	Saturday/Sunday	9:00am - 5:30pm	Recreation Oak Bay - Windsor Pavilion	\$125
December 16 - December 17	Saturday/Sunday	9:00am - 5:30pm	Gordon Head Recreation	\$122

Standard First Aid (SFA) - Online

Date	Day	Time	Location	Cost
July 8	Saturday	9:00am - 5:30pm	Recreation Oak Bay - Windsor Pavilion	\$122
August 26	Saturday	9:00am - 5:30pm	Recreation Oak Bay - Windsor Pavilion	\$122
September 30	Saturday	9:00am - 5:30pm	Recreation Oak Bay - Windsor Pavilion	\$125
October 28	Saturday	9:00am - 5:30pm	Recreation Oak Bay - Windsor Pavilion	\$125
December 2	Saturday	9:00am - 5:30pm	Recreation Oak Bay - Windsor Pavilion	\$125

Standard First Aid (SFA) - Recertification

Date	Day	Time	Location	Cost
July 22	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$62
August 19	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$62
August 19	Saturday	9:00am - 5:00pm	WestShore Parks & Recreation	\$65
September 16	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$64
September 24	Sunday	10:00am - 6:30pm	Saanich Commonwealth Place	\$55
October 15	Sunday	9:00am - 5:30pm	Gordon Head Recreation	\$55
October 21	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$64
November 25	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$64
December 9	Saturday	9:00am - 5:30pm	Recreation Oak Bay	\$64

Emergency First Aid (EFA)

Date	Day	Time	Location	Cost
July 23	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$87
August 12	Saturday	9:00am - 5:00pm	WestShore Parks & Recreation	\$99
August 20	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$87

September 16	Saturday	9:00am - 5:00pm	WestShore Parks & Recreation	\$99
September 17	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$89
October 14	Saturday	9:00am - 5:00pm	WestShore Parks & Recreation	\$99
October 22	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$89
November 7	Tuesday	9:00am - 5:00pm	WestShore Parks & Recreation	\$99
November 26	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$89
December 9	Saturday	9:00am - 5:00pm	WestShore Parks & Recreation	\$99
December 10	Sunday	9:00am - 5:30pm	Recreation Oak Bay	\$89

CPR-C with AED

Date	Day	Time	Location	Cost
July 23	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$55
August 20	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$55
September 16	Saturday	9:00am - 4:00pm	Gordon Head Recreation	\$55
September 17	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$57
October 22	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$57
November 4	Saturday	10:00am - 5:00pm	Saanich Commonwealth Place	\$55
November 26	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$57
December 10	Sunday	9:00am - 3:00pm	Recreation Oak Bay	\$57
December 16	Saturday	9:00am - 4:00pm	Gordon Head Recreation	\$55

CPR-C with AED - Recertification

Date	Day	Time	Location	Cost
July 22	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$45
August 19	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$45
August 22	Tuesday	6:00pm - 9:30pm	WestShore Parks & Recreation	\$50
September 5	Tuesday	6:00pm - 9:30pm	WestShore Parks & Recreation	\$50
September 16	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$46
September 24	Sunday	10:00am - 2:00pm	Saanich Commonwealth Place	\$36
October 15	Sunday	9:00am - 1:00pm	Gordon Head Recreation	\$36
October 21	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$46
November 3	Friday	5:00pm - 9:00pm	Saanich Commonwealth Place	\$36
November 25	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$46
November 25	Saturday	6:00pm - 9:30pm	WestShore Parks & Recreation	\$50
December 9	Saturday	9:00am - 1:00pm	Recreation Oak Bay	\$46